

# The Rednal Rag



**REDNAL HILL INFANT SCHOOL**  
**Number 19 – 6th February 2026**

**Next week Lunch Menu**  
**Week 3**  
(see website for menus)

## Child Mental Health Week 9-15th February 2026

In school we will be exploring this year's theme 'This is My Place' which explores the **sense of belonging** we all need to thrive. Alongside this it seems a good opportunity to acknowledge the impact lack of sleep has on both children and whole families. One of the ways we can impact positively on both children's mental health, and that of us adults, is to promote **good sleep habits**. We all know a good night's sleep is vital to feeling well and able to cope the next day. But healthy sleep routines are often hard to instil and even harder to maintain. There is a lot of information out there, but we have selected a couple of websites which you may find supportive if you are struggling with ongoing sleep issues-

[www.thesleepcharity.org.uk](http://www.thesleepcharity.org.uk)

<https://nhs.uk/baby/health>

The **Birmingham Mental Health Support Team** will be returning later this term to hold workshops with our children to help them understand the importance of sleep and how to build good habits.



## Upcoming Diary Dates

**Tues 10th Feb – Safer Internet Day**

**Fri 13th Feb** — Break up for half term

**Mon 23rd Feb** — Return to School

**Thurs 26th Feb**—Reception Height/Weight Checks

**Tues 3rd March** –Year One **CARFEST** on school site

**Thurs 5th March- World Book Day and storytelling week**

**Tues 10th and Wed 11th March– Parent Consultations**

**Wednesday 11th March**—Hawthorn Class 9.00am

**Wed 18th March– Y1 Phonics Parent Workshop**

**Wednesday 18th March**—Chestnut Class 2.30pm

**Wednesday 25th March**—Sycamore Class 9.00am

**Wednesday 25th March**—Willow Class 2.30pm

**Wednesday 22nd April**—Holly Class 2.30pm

**Wednesday 29th April**—Hazel Class 2.30pm

**Wednesday 6th May**—Oak Class 2.30pm

**Wednesday 13th May**—Ash Class 2.30pm

**Wednesday 20th May**—Elm Class 2.30pm

'The Animal Lady' has been back by popular demand. Our younger children thoroughly enjoyed seeing, stroking and even holding the beautiful and exotic animals she brought with her. The children were enthralled and so excited, but remembered to use quiet, calm voices to ensure the animals also enjoyed the visit! Staff were proud of how sensible and brave the children were, listening carefully, asking questions and overcoming initial fears to bravely follow instructions and hold snakes, a tenrec, bearded dragon and an owl. Ask your child which animal was their favourite or to share some of the facts they learned.



## This week's 'Congratulations' go to...

**Ash Class**— **Zoya**, you have put so much care and thought into your woodland artwork. You created different effects by combining paint and collage for the features. You then sketched animals to add to your picture. We think it looks fantastic.

**Elm Class**— **Aidan**, you have settled so well into Elm class. You are making lots of friends and are following routines. We are proud of you.

**Oak Class**— **Kobe**, for trying so hard with your phonics and handwriting. You have been applying your phonics in your independent challenges too. Super star.

**Holly Class** — **Eden**, we are very proud of how resilient, confident and responsible you have been over the last few weeks. Your injury hasn't stopped you. You have been a superstar.

**Hazel Class** – **Hughie** is showing positive steps towards joining 'teacher learning' time. We are all so very proud.

**Willow Class** — **Jack**, for your writing this week around our story of Lost and Found. You chose impressive vocabulary to write about the characters feelings. We were amazed at your ideas.

**Chestnut Class** — **Shakilaz**, for your determination in phonics this week. You have impressed us with your enthusiasm to join in and apply the sounds that you are learning. Well done.

**Hawthorn Class** – **Connie**, for always trying your very best at everything. You listen to advice and act on it and you are always a kind friend to everyone in Hawthorn Class.

**Sycamore Class** - **Aurora-Grace**, you did some brilliant Maths this week. Not only was it a new topic, it was also the first time you had drawn your own bar model.

**Well Done Everyone!**

**HAPPY BIRTHDAY!**  
**6th February 2026 to 12th February 2026**

Imogen and Mollie-Mai in Little Acorns will be 4

Noah in Ash will be 5

Mia P in Elm will be 5



[www.rednalhill-inf.bham.sch.uk](http://www.rednalhill-inf.bham.sch.uk)  
**Tel: 0121 453 2636**

