

The Rednal Rag

Achieve
Believe
Create



REDNAL HILL INFANT SCHOOL
Number 26 – 17th April 2026

Next week Lunch Menu
Week 2
(see website for menus)

We have signed up to this national event which takes place next week. The challenge is to complete laps of our track and to walk, jog or run a total of 2 miles. This challenge will be adapted for our younger children and promises to be a fun and inclusive event. TCS have provided resources and even number bibs for the children to wear. Children can either come to school in their own sports kit on the day, or change into their PE kit in school. Trainers will be needed.

Y2- Tuesday 21st April
EYFS- Wednesday 22nd April
Y1- Thursday 23rd April



Upcoming Diary Dates

Wednesday 22nd April—Holly Class Assembly 2.30pm
Monday 27th April—Year 2 SAT's parents workshop 9am or 2.30pm

Wednesday 29th April—Hazel Class Assembly 9.15am
Monday 4th May—May Day
Wednesday 6th May—Oak Class Assembly 2.30pm
Tuesday 12th May—Class Group Photos taken
Wednesday 13th May—Ash Class Assembly 2.30pm
Wednesday 20th May—Reception Eye Tests
Wednesday 20th May—Elm Class assembly 2.30pm
Friday 22nd May—Break up
Monday 1st June—TED children not in school
Tuesday 2nd June—children back to school

After half term key dates
Sports Day June 26th
Summer Fayre July 7th
Year Two Leavers Show Wk beg 29th June
Nursery Leavers Celebration July 16th
Year Two Leavers Celebration July 17th

NORTHFIELD Community Partnership Birmingham City Council

Family Wellbeing Team

SHARE MY LANGUAGE

Informal group at Frankley Library (Balaam Wood Academy, New Street, B45 0EU)
Running from Wednesday 11th March 2026 for twenty weeks.
Every Wednesday 9:30am - 11:30am.

Are you interested in practicing English conversation and sharing your own language?
Meet new people, and enjoy free refreshments and activities.
Do you want to improve your English skills? All abilities are welcome.

Phone call 07859779506 or email liz@northfieldcommunity.org for more information.

NORTHFIELD Community Partnership Birmingham City Council

Family Wellbeing Team's

PARENT DROP-IN SERVICE WITH healthwatch Birmingham

Healthwatch Birmingham will be joining us for a one off Coffee morning!

Come and talk to them about health and social care. Whether you want to share your views on local services or need to find out how to get some information or signposting. Healthwatch Birmingham is here to listen to you!

Wednesday 29th April
9:30AM-11:30AM
Frankley Library, New Street
B45 0EU

Check our social media for upcoming events and drop-ins!
Family Wellbeing Team - Northfield Community Partnership
[@familywellbeingnorthfield](https://www.facebook.com/familywellbeingnorthfield)

07859779506
0121 411 2157 familywellbeing@northfieldcommunity.org

Ask your child about their learning this week...

Nursery are learning the story of **The Three Little Pigs**, **Reception** are enjoying **The Jolly Postman**. **Year One** are using **Geography** skills to learn about **London** and **Year Two** are continuing with **Water, Water Everywhere**.

Birmingham and Solihull Mental Health, Learning Disabilities and Autism Provider Collaborative

Autism awareness drop-in events

During Autism Awareness Month, we're hosting two drop-in, community events, for anyone who would like to:

- find out more about autism
- learn about accessing local support

Tuesday 21st April, 10am-2pm
Cambridge Road Methodist Church, Birmingham, B13 9UE

Thursday 23rd April, 10am-2pm
The Core Library, Homer Rd, Solihull, B91 3RG

No formal diagnosis needed
Parents, carers and adults welcome

For more information: bsmhft.ldacoproduction@nhs.net

This week's 'Congratulations' go to...

Ash Class— Evelyn, you have been our planting expert this week. You shared your knowledge about what our seeds would need to grow and have helped to look after them in Ash Class too.

Elm Class— Rico, you have been such a kind caring friend and looked after a new child in our class. You are also always respectful to our resources in Elm Class. thank you.

Oak Class— Tommie, for your enthusiasm for learning. You are always try your best and continue your learning at home too. It is a pleasure to have you in Oak Class.

Holly Class — Korah, you have worked hard to demonstrate all of our school values this week. You have joined in with class discussions and shared some amazing ideas too. Keep it up.

Hazel Class – Daniel, you have shown much more independence this week, especially in writing.

Willow Class — Cleo, we were really impressed with your instruction writing this week. You worked independently to explain the steps to make a car. We are proud of your increasing confidence and enthusiasm.

Chestnut Class — Harrison, for your lovely ideas in writing this week. You thought carefully and came up with wonderful adjectives for your water poem. Well done.

Hawthorn Class – Phoebe for your excellent shape poem about water. You thought carefully about your choice of words and presented it beautifully to the class. Well done.

Sycamore Class - Sean, you really enjoyed creating your own poem with a partner. You thought carefully about your word choices and worked well with your friend.

5 Fun MINDFULNESS Activities for children...

Starfish Breathing

- Hold up either your right or left hand.
- Slowly, trace around your hand with your index finger starting with your thumb.
- As your finger moves upwards - take a **breath in** through your nose. As your finger moves downwards - take a **breath out** through the mouth.
- Remember to **pause at the top of each finger!**

Slow Your Pulse - control your breathing!

- Exercise for one minute - you could try jumping on the spot or running around the playground!
- Now, **feel your heartbeat** - what has happened to your pulse? Can you feel a difference?
- Think about your **breathing** - how does this feel? Can you slow your pulse by taking deep breaths?

Glitter Jars

- Find a plastic jar or bottle - **decorate** this however you would like.
- Fill the jar or bottle with water (up to 1/2 full). Then, add some clear glue, food colouring and **GLITTER!**
- Seal the lid and give it a **shake!**
- As the glitter **settles**, imagine your **mind and body** becoming calm and settled too.

Meditation - understand your feelings

- Find a quiet spot.
- Sit in a **comfy** position.
- If you want to you can **close your eyes** - maybe just try one eye if you're not sure!
- Focus on your breathing** - think about your breath in and your breath out.
- Relax and unwind** - let your body (and mind rest)

Grounding

Grounding helps children to calm when they may be feeling overwhelmed.

- Name 5 things that you can **SEE**.
- Say 4 things that you can **FEEL**.
- Name 3 things you can **HEAR**.
- Say 2 things you can **SMELL**.
- Name 1 thing that you can **TASTE**.

Beacon

HAPPY BIRTHDAY!
17th April 2026 to 23rd April 2026

Ayaan in Oak Class will be 5 Evelyn-Rose in Ash will be 5 Callie-Jayne in Holly will be 6
Riley in Willow will be 6 Haram in Sycamore will be 7 Noah and Sarah in Hawthorn will be 7
Ella in Chestnut will be 7



www.rednalhill-inf.bham.sch.uk
Tel: 0121 453 2636

