

# PHYSICAL DIFFICULTIES SUPPORT SERVICE (PDSS)

*Help and advice for  
parents of children  
with a physical  
difficulty*



Currently the nation is experiencing a situation we have not seen before. It is requiring us all to change our normal routines and may be causing your child with a physical difficulty to feel concerned and present some challenges for you as a parent and/or carer.

The Physical Difficulties Support Service (PDSS) are here to help you during this difficult time. Our families and children are really important to us and we are here to provide you with support through our telephone helpline service.

You can get advice and support on a range of topics, including the following:

- Strategies to support access to home routines
- Motivating and engaging your child
- Tips for helping your child /young person to manage their school work at home
- A range of fun activities to do with your child
- Wellbeing
- Structure and routine
- Recording work
- Using ICT
- Physical play and activities

If you would like to access this service, please email [PDSSParentEnquiry@birmingham.gov.uk](mailto:PDSSParentEnquiry@birmingham.gov.uk) with the following information:

- Your name and your child's name
- The telephone number you would like to be contacted on
- The name of your child's school
- Times and dates you are available for a telephone conversation

A PDSS teacher will respond to your request.

Visit the Access 2 Education website: <https://accesstoeducation.birmingham.gov.uk/parents> for suggested ICT Programmes and top tips to support your child whilst working at home.

*"We can do this if we all work together as a family"*

Birmingham SEND Youth Forum

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