

# The Rednal Rag



REDNAL HILL INFANT SCHOOL  
Number 10– 20th November 2020

## Mental Health and Emotional Wellbeing

During this extremely difficult time, many people – adults and children may have a great deal of anxiety, which is perfectly understandable.

**Good mental health is just as important as good physical health.**

There is support from **PAUSE** in Birmingham for children aged 0-18. It is open 7 days a week (10am-6pm) and the contact number is: 0207 841 4470.

They can also be e-mailed at: askbeam@childrensociety.org.uk

For adults over 18, there is support 24 hours and 7 days a week on 0121 262 3555.

For critical key workers, there is support 7 days a week (9am-11pm) on 0121 663 1217.

Out of hours, if your crisis occurs at night or weekends, or if you are not registered with mental health services, then you can call the following:

- Urgent for immediate or life-threatening emergencies: Call 999.

- **The NHS 111 service** is a free phone telephone advice service for people to call when you need urgent medical help but it's not a life-threatening situation. Mental health nurses are now working within the NHS 111 call centre, at certain times.

**For a list of NHS Mental health Support, please click on the link below:**  
<https://www.birminghamhamsolihullccg.nhs.uk/your-health/mental-health-support-offer>

### Other Organisations to support Mental Health

• **SANE** run a helpline and are available to speak to people with mental health concerns, 365 days a year, between 6pm and 11pm.

Tel: 0300 304 7000 Website: [www.sane.org.uk](http://www.sane.org.uk)

• **The Samaritans** are available to speak to anyone 24/7.

Freephone: 116 123 Website: [www.samaritans.org](http://www.samaritans.org)

As a **school** we can access resources that can be accessed for both adults and children – we hope you will find them useful and helpful.

If we can be of any further assistance or if you need advice, please contact either Mrs Drinkwater who is a trained mental health first aider or Mrs Pace, Our Wellbeing Lead.

**Please do not suffer in silence.**

**If you are struggling with your mental health – please seek support.**

## Parent Questionnaire and Parent Voice feedback

Please return any parents' voice feedback forms following parent consultations. Our annual parent questionnaire is attached to this RAG. Please complete and return to school by **Friday 4th December**. Thank you

## Free School Meals

If your child is entitled to Free School Meals (as opposed to Universal School Meals for infant children) Birmingham City Council are funding supermarket vouchers to cover the October half term. You will have received an email from school on Wednesday with your validation code to activate.

## Reception 2021 Intake and Transfer to Year Three

Parents need to apply for their child's Reception Class place and the transfer from Year 2 to Year 3 by using the online service at [www.birmingham.gov.uk/schooladmissions](http://www.birmingham.gov.uk/schooladmissions) by the **15th January 2021**. Unfortunately we cannot offer Open Days and tours due to the current situation but please contact the School office for information of **Virtual Tours** and our **School Prospectus**.

## This Week's Congratulations go to:-

### Reception

**Ash Class -Aurora** for your fantastic maths this week. You have done a great job of explaining how you found the answer and **Lara** you have worked so hard on your unicorn model and did a great job of decorating it too!

**Oak Class -Maisie-Mai** you are so kind and always look after your friends. We love having you in Oak Class! and **Kaceson-Drew** you have thought so carefully about the design for your junk modelling robot, we cant wait to see it finished!

**Elm Class -Jonah** for being a fantastic role model to everyone in Elm Class. You always look for and say what the children have done well at and are just a lovely, caring, helpful boy. Thank you and **Lochlan** for being a lovely friend this week and being very helpful in class. Keep it up!

### Year One

**Palm Class-Imogen** for being a kind friend and excellent role model to everyone in Palm Class. We are so lucky to have you in our classroom.

Thank you! and **Austin** for your super sentences about penguins using conjunctions. You thought carefully about your ideas and made sure they made sense. Well done!

**Hazel Class- Myla** for fantastic art work this week. Over two days you created a wonderful background and then went back to add detail and **Lily** for fantastic phonics this week. We are very proud to see you using your sounds in both your reading and writing.

**Willow Class- Joshua** for working super hard with your phonics and **Amiah** for fantastic maths. You are a superstar!

### Year Two

**Chestnut Class- Oliver** and **Caitlyn**. The reasons for both of you is because you work really hard in all you do in every lesson.

**Hawthorn Class- Freya** for showing real courage and maturity even though she missed Mummy and **Emelia** for showing real resilience and perseverance in her tricky maths work.

**Sycamore Class- Jacob H** for trying especially hard with his writing. He even did some super sentences to practise his spellings and included a question, well done! and **Elliora-Rae** for just being a ray of sunshine in our class! She comes in cheerfully every day and gives her best with all she does.

**Well done to you all**

## Parent Governor Elections

We have a vacancy for a parent governor to join the school's governing body. If you are interested please complete the letter sent home with your child today and return to school by Friday 27th November. **Thank you**

## Spare Clothes

We would be grateful for any donations of spare clothes to keep in school, please pass to your class teacher. Thank you

### Children in Need 2020

School raised an amazing £495 for Children in Need. Thank you everyone who donated.



## NAG ON THE RAG

Please ensure PE Kits and Forest School clothes are in school. Thank you.



## HAPPY BIRTHDAY!

**20th November to 26th November 2020**

Evie and Joshua in Oak will be 5

Roman in Elm will be 5

Harry and Maria in Chestnut will be 6

Finley in Sycamore will be 7

Leah in Hawthorn will be 7



[www.rednalhill-inf.bham.sch.uk](http://www.rednalhill-inf.bham.sch.uk)

Texting Number: 07860030576



Leading Parent Partnership Award

2019-2022

@rednalhillinf